SOUK · ALLERGEN CHART

14 major allergens · updated 2 November 2026 · 27 Litchfield Street, WC2H 9NJ

C contains M may contain
V vegetarian · VG vegan

Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Tree nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
STARTERS & SMALL PLATES														
Harira soup (VG)	C								M					
Briouat: vegetables, feta & mint (V)	C		C				C							
Zaalouk: aubergine (VG)									M					
Mutabel: smoked aubergine (V)							C	C			C			
Hummus (VG)								C			C			
Falafel with tahini & yoghurt sauce (V)	C						C				C			
Halloumi cheese (V)							C							
Labneh: sesame za'atar (V)							C	C			C			
Merguez with tomato sauce	C							M			M			
Deep-fried calamari, tartare	C		C				M							C
Grilled king prawns, sweet chilli & lime		C												
Mixed mezze for two (V)	C						C	C			C			
Pastilla: chicken, almond, honey, filo	C		C					C			C			
Pastilla (large): chicken, roasted almond, cinnamon	C		C					C			C			
MOROCCAN WRAPS WITH CHIPS														
Merguez wrap with chips	*Please ask a member of staff*													
Saffron chicken wrap with chips	*Please ask a member of staff*													
Halloumi & falafel wrap with chips (V)	*Please ask a member of staff*													
Hummus & falafel wrap with chips (V)	*Please ask a member of staff*													
COUSCOUS														
Merguez couscous	C							M			M			
Chicken couscous	C													
Slow-cooked beef couscous	C													
Lamb couscous	C													
Royal couscous: beef, chicken, merguez	C							M			M			
TAGINE (SERVED WITH COUSCOUS)														
Lamb: prune, apricot, roasted sesame	C										C			
Slow-cooked beef: onion, peas, potatoes	C								M					
Kefta beef meatball tagine: cumin, tomato, garlic, egg	*Please ask a member of staff*													
Chicken: potatoes, olives, pickled lemon	C													
Chicken: prunes, apricots, sesame	C										C			
Fish tagine: cod, king prawns		C		C										
FROM THE GRILL (WITH SAFFRON RICE OR FRIES)														
Grilled sea bass fillet, Moroccan spices				C										
Grilled marinated king prawns		C												
Mixed fish platter: sea bass, prawns, calamari		C		C										C
Lamb cutlets (4, medium)														
Butterfly chicken grill														
Mixed grill: chicken thigh, lamb cutlet, merguez	C							M			M			
Grilled merguez	C							M			M			

Dish	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Tree nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
VEGETARIAN & VEGAN · SALADS														
Vegetable tagine: prunes, apricot, raisin, saffron (VG)	C													
Couscous, root vegetables & chickpea sauce (VG)	C													
Casablanca salad: grilled chicken thigh														
Marrakech salad: falafel, tahini & yoghurt dressing (V)	C						C				C			
Extra halloumi (salad add-on)							C							
SIDES														
Steamed couscous	*Please ask a member of staff*													
Saffron veg rice (VG)	*Please ask a member of staff*													
Fries	*Please ask a member of staff*													
Mixed / green salad	*Please ask a member of staff*													
Mixed vegetables in sauce (VG)	*Please ask a member of staff*													
Olives & pickled pepper	*Please ask a member of staff*													
Pitta bread	*Please ask a member of staff*													
DESSERTS														
Baklava & Turkish delight selection	C		M					C			C			
Kanafeh cheese (bought in)	C						C	M						
Kanafeh cheese (made in-house)	C						C	M						
Chocolate cake, rose water cream	C		C				C	M			M			
Fresh fruit salad, orange flower														
Ice cream: vanilla, chocolate or caramel sauce							C							
Whole chocolate cake (12 portions) £39	C		C				C	M			M			
CHRISTMAS 2026 FEASTS														
Christmas chicken tagine: saffron, prunes, roasted sesame	*Please ask a member of staff*													
Christmas mixed grill platter: lamb cutlet, chicken thigh, merguez	C							M			M			
Christmas baklava selection (no Turkish delight)	C		M					C			C			
SET MENUS														
Casablanca beef tagine: prunes, raisins, apricots	*Please ask a member of staff*													
Marrakesh lamb tagine: chickpeas & cumin	*Please ask a member of staff*													
Set-menu chicken tagine with saffron	*Please ask a member of staff*													

Allergy? Write it on the order, tell the manager on duty and the chef, and remind the chef at pick-up. Merguez is bought in: treat as may contain nuts and sesame. If unsure, ask — never guess.